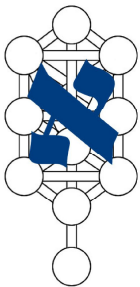


ברכות אחרונות

BERACHOT ACHARONOT

BLESSING AFTER OTHER FOODS



Kabbalah4All Siddur

About Our Siddur

As an international online Sephardic Jewish community, it was important to create a siddur that would meet the needs of those who join us from all around the world and could be downloaded to a computer or tablet. Our Siddur follows Nusach Ari and Nusach Edot HaMizrach (Sephardic). We welcome you to use our siddur whether you are joining us for services or praying on your own.

Kabbalah4All Transliteration Guidelines

a as in father

ai or **ay** as in aisle

e as in red

ei as in eight

i as in pizza

o as in no

oy as in toy

u as in tune

ch as in Bach in German (strong sound from the throat)

g as in give

tz as in lots

' typically adds an "EH" sound after a consonant, this is known as a Shva Na or pronounced Shva as in the word "Sh'ma".

- a dash is simply used to aid in pronunciation, usually if two like vowels follow each other, as in the word "da-at."

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. In our transliteration, when the syllable falls somewhere else other than the last syllable, that stressed syllable will be underlined. Example: Melech.

Hebrew Rules

The following are some of the Hebrew rules you may notice in our siddur.

מֵלֶךְ

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. Whenever a syllable other than the last is accented, a "meteg" (the vertical line under the first letter) will appear.

כֹּל

The "masoret" above the letter Chaf indicates that this is a Kamatz Katan, which is pronounced as "o"; in this example the word is "kol."

יִשְׁמְחוּ

The "rafe" above a letter indicates it is a Shva Na. This example is pronounced yism'chu.

Note that the rafe does not appear above the first letter of a word that has a Shva as that is ALWAYS a Shva Na.

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All prefaces to prayers written and adapted by David Aharon L. Curtis for Kabbalah4All.
Translated by David Aharon L. Curtis.
Edited by David Aharon L. Curtis.

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ברכות אחרונות

BLESSINGS AFTER OTHER FOODS

This blessing is said after eating a meal which includes grain products (other than bread or matzah) made from wheat, barley, rye, oats, or spelt; and any other food. A blessing is recited for each of the food groups one has eaten from, in the order that they appear below. Use the portion in () only if you are saying the line after the previous line. For example, the line about wine and then the line about fruit. For all other foods use the Bore Nefashot blessing on page 6.

Baruch atah Adonai,

Blessed are You Adonai,

Eloheinu melech ha-olam,

our Elohim, Sovereign of the universe,

בָּרוּךְ אַתָּה יְהוָה,
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

על א' מחמשת מיני דגן:

After Grain Products:

al hamichyah v'al hakal-kalah,

for the nourishment and for the sustenance,

עַל הַמִּחְיָה וְעַל הַכֹּלְכָלָה,

על היין:

After Wine or Grape Juice:

(v')al hagefen v'al p'ri hagefen,

(and) for the vine and for the fruit of the vine,

(ו) עַל הַגֶּפֶן וְעַל פְּרֵי הַגֶּפֶן,

על פירות משבעת המינים:

After Fruits:

(v')al ha-etz v'al p'ri ha-etz,

(and) for the tree and for the fruit of the tree,

(ו) עַל הָעֵץ וְעַל פְּרֵי הָעֵץ,

v'al t'nuvat hasadeh,

and for the produce of the field,

v'al erez chemdah tovah urchavah,

and for the desirable, good and spacious land,

sheratzita v'hinchalta la-avoteinu,

that You desired to give as a heritage to our ancestors,

le-echol mipiryah

to eat of its fruit

v'lisbo-a mituvah.

and to be satisfied with its goodness.

Rachem Adonai Eloheinu aleinu,

Have mercy, Adonai our Elohim, upon us,

v'al Yisra-el amach,

and upon Israel Your people,

v'al Y'rushalayim irach,

and upon Jerusalem Your city,

v'al Tziyon mishkan k'vodach,

and upon Zion the dwelling place of Your glory,

וְעַל תְּנוּבַת הַשָּׂדֶה,

וְעַל אֶרֶץ חֲמֻדָּה טוֹבָה וְרַחֲבָה,

שֶׁרָצִיתָ וְהִנְחַלְתָּ לְאַבוֹתֵינוּ,

לְאֲכֹל מִפְּרִיָּהּ

וְלִשְׂבֹּעַ מִטוֹבָהּ.

רַחֵם יְהוָה אֱלֹהֵינוּ עָלֵינוּ,

וְעַל יִשְׂרָאֵל עַמְּךָ,

וְעַל יְרוּשָׁלַיִם עִירְךָ,

וְעַל צִיּוֹן מִשְׁכַּן כְּבוֹדְךָ,

v'al mizbachach v'al heichalach.
and upon Your Altar and upon Your Temple.

Uvneh Y'rushalayim ir hakodesh
Rebuild Jerusalem the city of holiness
bimherah v'yameinu,
soon in our days,
v'ha-alenu l'tochah,
and bring us up into it,
v'sam'cheinu b'vinyanah,
and gladden us in its rebuilding,
unvar'chach aleha
and lets us bless You upon it
bikdushah uvtaharah.
in holiness and purity.

וְעַל מִזְבְּחֶךָ, וְעַל הַיְכָלְךָ.

וּבְנֵה יְרוּשָׁלַיִם עִיר הַקֹּדֶשׁ
בְּמִהְרָה בְיָמֵינוּ,
וְהַעֲלֵנוּ לְתוֹכָהּ,
וּשְׂמַחֲנוּ בְּבִנְיָנָהּ,
וּנְבַרְכְּךָ עָלֶיהָ
בְּקֹדֶשׁ וּבְטָהָרָה.

On Shabbat:

וְרִצָּה וְהִחֲלִיצֵנוּ בְיוֹם הַשַּׁבָּת הַזֶּה.
Urtzei v'hachalitzenu b'yom ha-Shabbat hazeh.
And may it be pleasing to You to give us rest on this day of Shabbat.

On Rosh Chodesh:

וְזָכְרֵנוּ לְטוֹבָה בְיוֹם רֵאשִׁית חֹדֶשׁ הַזֶּה.
V'zochrenu l'tovah b'yom rosh chodesh hazeh.
And remember us for goodness on this day of Rosh Chodesh.

On Rosh HaShanah:

וְזָכְרֵנוּ לְטוֹבָה בְיוֹם הַזִּכְרוֹן הַזֶּה,
בְיוֹם טוֹב מִקְרָא קֹדֶשׁ הַזֶּה.
V'zochrenu l'tovah b'yom hazikaron hazeh,
b'yom tov mikra kodesh hazeh.
And remember us for goodness on this Day of Remembrance,
this Festival day of holy convocation.

On Pesach (on Chol HaMoed omit words in parenthesis):

וּשְׂמַחֲנוּ בְיוֹם חַג הַמַּצּוֹת הַזֶּה,
בְיוֹם (טוֹב) מִקְרָא קֹדֶשׁ הַזֶּה.
V'sam'chenu b'yom chag hamatzot hazeh,
b'yom (tov) mikra kodesh hazeh.
And make us happy on this day of the Festival of Matzot,
this (Festival) day of holy convocation.

On Shavuot:

וְשִׂמְחֵנוּ בְּיוֹם חַג הַשְּׂבֻעוֹת הַזֶּה,
בְּיוֹם טוֹב מִקְרָא קֹדֶשׁ הַזֶּה.

V'sam'chenu b'yom chag hashavu-ot hazeh,
b'yom tov mikra kodesh hazeh.

*And make us happy on this day of the Festival of Shavuot,
this Festival day of holy convocation.*

On Sukkot (on Chol HaMoed omit words in parenthesis):

וְשִׂמְחֵנוּ בְּיוֹם חַג הַסֻּכּוֹת הַזֶּה,
בְּיוֹם (טוֹב) מִקְרָא קֹדֶשׁ הַזֶּה.

V'sam'chenu b'yom chag hasukot hazeh,
b'yom tov mikra kodesh hazeh.

*And make us happy on this day of the Festival of Sukkot,
this (Festival) day of holy convocation.*

On Shemini Atzeret/Simchat Torah:

וְשִׂמְחֵנוּ בְּיוֹם הַשְּׂמִינִי חַג הָעֲצֵרֶת הַזֶּה,
בְּיוֹם טוֹב מִקְרָא קֹדֶשׁ הַזֶּה.

V'sam'chenu b'yom hash'mini chag ha-atzeret hazeh,
b'yom tov mikra kodesh hazeh.

*And make us happy on this day of the Festival of Shemini Atzeret/Simchat Torah,
this Festival day of holy convocation.*

Ki atah Adonai tov umetiv lakol,

For You Adonai are good and do good to all,

v'nodeh l'cha al ha-aretz

and we thank You for the land

כִּי אַתָּה יְהוָה טוֹב וַיִּמְטִיב לְכָל,
וְנֹדֶה לְךָ עַל הָאָרֶץ

על א' מחמשת מיני דגן:

וְעַל הַמַּחֲיָה וְעַל הַכֹּלְכָלָה.

על היין:

וְעַל (וְעַל) פְּרֵי הַגֶּפֶן,

After Grain Products:

v'al hamich-yah v'al hakal-kalah,

and for the nourishment and for the sustenance.

After Wine or Grape Juice:

(v'al) p'ri hagefen,

(and) for the fruit of the vine,

After Fruits:

(v'al) p'ri ha-etz,

(and) for the fruit of the tree.

על פירות משבעת המינים:

וְעַל (וְעַל) פְּרֵי הָעֵץ.

Baruch atah Adonai,
Blessed are You Adonai,
 al ha-aretz
for the land

After Grain Products:

v'al hamich-yah v'al hakal-kalah,
and for the nourishment and for the sustenance,

After Wine or Grape Juice:

(v'al) p'ri hagefen,
(and) for the fruit of the vine,

After Fruits:

(v'al) p'ri ha-etz.
(and) for the fruit of the tree.

בְּרוּךְ אַתָּה יְהוָה,
 עַל הָאָרֶץ

על א' מחמשת מיני דגן:

וְעַל הַמַּחֲיָה וְעַל הַכֹּלְכָלָה,

על היין:

(וְעַל) פְּרֵי הַגֶּפֶן,

על פירות משבעת המינים:

(וְעַל) פְּרֵי הָעֵץ.

בּוֹרָא נִפְשׁוֹת

BORE NEFASHOT - BLESSINGS AFTER EATING

This blessing is said after eating or drinking any food that neither the Birkat Hamazon nor the Berachot Acharonot applies, such as fruits that do not grow on trees, vegetables, or beverages other than wine or grape juice.

Baruch atah Adonai,
Blessed are You Adonai,
 Eloheinu melech ha-olam,
our Elohim, Sovereign of the universe,
 bore n'fashot rabot v'chesronan,
Who creates numerous living things with their deficiencies,
 al kol mah shebarata
for all that You have created
 l'hachayot bahem nefesh kol chai.
with which to sustain the life of every being.
 Baruch chei ha-olamim.
Blessed is the One Who is the Life-giver of the worlds.

בְּרוּךְ אַתָּה יְהוָה,
 אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
 בּוֹרָא נִפְשׁוֹת רַבּוֹת וְחִסְרוֹנָן,
 עַל כֹּל מַה שֶּׁבְרָאתָ
 לְהַחֲיֹת בָּהֶם נֶפֶשׁ כֹּל חַי.
 בְּרוּךְ חַי הָעוֹלָמִים.